

To safely climb Mt. Fuji, a World Cultural Heritage Site

STOP!

Bullet Climbing

Bullet climbing, or *dangan tozan*, means to climb throughout the night without taking sufficient rest on the previous day.

Mountain trail crowded with climbers
(around 9th station)



Risks/Dangers of Bullet Climbing (*Dangan Tozan*)

Injuries and Illnesses

- Climbers who have not properly slept are more prone to injuries and illnesses due to fatigue.
- 14% of bullet climbers (5% of standard climbers) give up climbing to the top because they become ill.
- The number of bullet climbers who seek help at first-aid stations is three times higher than that of standard climbers.

Coldness

- Temperatures at the summit may drop to below freezing point even in July and August.

Falling Rocks

- Due to darkness climbers are more likely to cause rocks to fall, a potential danger to other climbers below.

Please allow yourself plenty of time, by for example staying overnight at a mountain hut, and enjoy a safe climb.